

# CRANIOFACIAL PAIN THERAPY

Our conservative jaw positioning and cranial distortion relief therapy is designed to allow the body an opportunity to heal itself. Through the use of modern technology and imaging to show the relationship between the jaw and other bones of the skull, we are able to minimize the trauma (injury/irritation) to the joints and maximize the healing effects through proper positioning of the temporomandibular joint(s) and other bones of the skull.

The proper positioning of the joint(s) using orthotic appliances is imperative in the healing process. Physical therapy and protection of the jaw during healing - including a healthy diet plan with vitamins and mineral supplements - go hand in hand to maximize repair of damaged tissues. Non-invasive therapies such as ALF (advanced lightwire functionals), ultra sound, iontophoresis, infrared, low level laser therapy, and trigger point or prolo therapy injections may be recommended for optimum healing. Medications may also be necessary to reduce inflammation and relax muscles to speed healing. Normal healing time is 3-6 months. This time varies, depending on an individual's capacity to heal and the extent of their injury.

At the completion of this 3-6 months of therapy, MMI (maximum medical improvement) records will be taken for review and direction will begin either for the weaning process (gradually subsiding wear from the orthotic appliance) or the need for permanent stabilization of the joint. Permanent stabilization of the joint may include orthodontics, crowns, and/or an overlay partial denture. Surgery is always a last resort.

We look forward to meeting you and helping you to heal and return to the higher quality of life you deserve.

Sincerely,

A handwritten signature in black ink, appearing to read 'Judson B. Wall', with a stylized flourish at the end.

Judson B. Wall, DDS, FAGD  
TMJ Dental Health Center